

Half Field (U10 and U12B's) Junior Competition: Rules Clarification

For the SEHA Junior U10 and U12B competition, all rules are the same as the 2022 FIH Rules of Hockey as amended by the SEHA Competition Rules with the following additional clarifications for half field games:

Games are 2 x 25 minute halves with a 4 minute half time break. U10 and U12B games are to be played on a half-sized field. On artificial turf fields, games are played using the Joey Ball for U10's and the traditional "hard" hockey ball for U12B's. U10's when playing on the grass fields, may by coaches agreement use a hard hockey ball. The field will have full-sized shooting circles (D) painted onto the field in a colour different to the shooting circles of a full sized field. Penalty corner injection markers are to be marked on the half-field "base" line in the same colour as the shooting circle. The centre line is not required to be marked on the field and is considered a virtual line. The goals are full sized.

- Pushing, slapping and hitting is allowed. Reverse stick sweeps are also allowed but reverse stick hits known as Tomahawks are not permitted.
- All opposition players must be at least 3 metres away from the player taking a free pass (free-hit) and inside the attacking half, the sides attacking players should also be 3 metres away from their team mates taking a free hit.
- No raised balls permitted above shin pad height, including while shooting. If a shot on goal, from inside the goal circle, deflects off a defending player whilst still under shin height but goes in the goal, a goal should be awarded, otherwise, all other times once a ball goes above shin pad height, a free hit should be awarded to the opposition team from the spot where it was last played.
- Corner (long corner) rule will apply, however will be taken as a halfway restart to the attacking team in line with where it passed over the base line.
- No shooting at goal from a free hit. A free hit must be passed or travel 3 metres before it can be hit into the D / shooting circle.
- Penalty corners are awarded and facemasks are recommended.
 - The Penalty corner will consist of 4 attackers (including the injector) and 3 defenders (including goalkeeper).
 - During the penalty corner, all players that are not directly involved in the penalty corner must retreat to the opposite shooting circle / D until the ball has been injected from the push out position.
 - Before a shot on goal from the penalty corner, the attacker receiving the ball (outside the circle) from the injector, must make a pass of at least 1 metre to another attacking player.
- No penalty strokes.
- No Cards.

As detailed in the SEHA Competition Rules, half field teams shall consist of a minimum of 5 players; and a maximum of 13 players. There can be no more than 8 players on the field at any one time, of which one must be a fully kitted goal keeper.

Coaches of U10 and U12B teams are allowed on the field of play for the first six (6) games of the competition. This recognizes that many players in these teams are new to hockey and will benefit from the coach's directions in regard to positional play. Coaches must not exert influence over umpires or obstruct the passage of play.