

ANNUAL REPORT

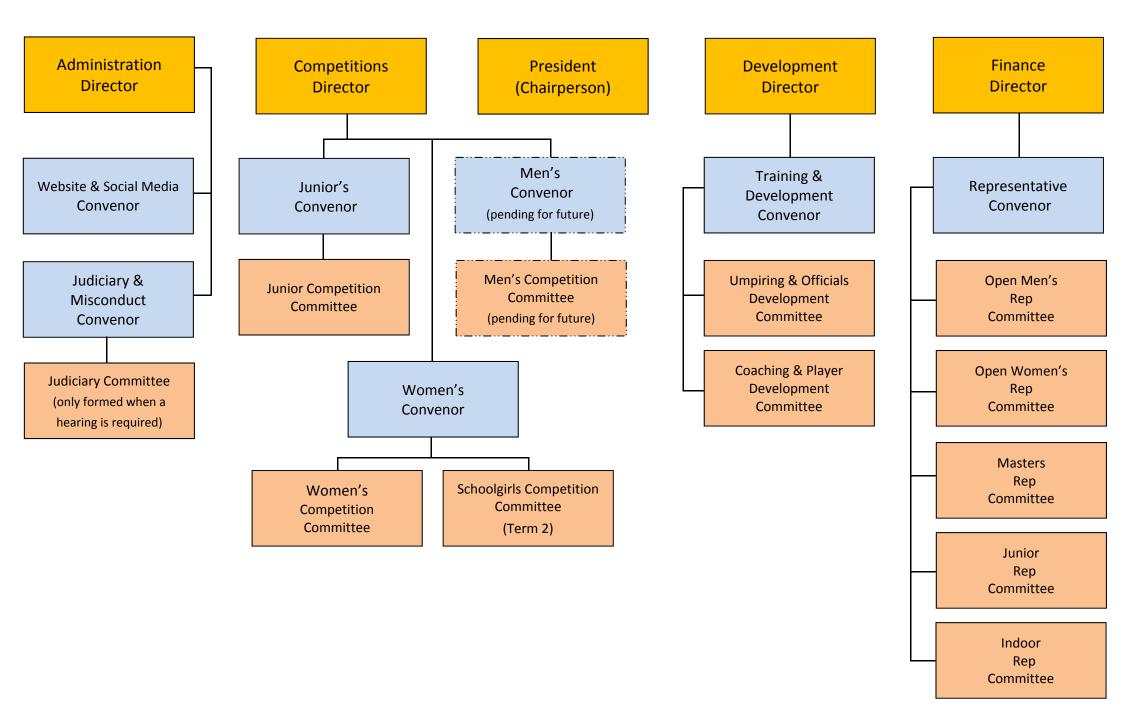
2016



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Sydney East Hockey Association



SEHA 2016 Directors, Convenors, Committee Members

Directors	
President	Briony Nilan
Administration	Tanya Arathoon
Finance	Graeme Barnard
Competitions	Danny O'Brien
Development	Kathy Calokerinos

Administration	
Judiciary	Lisa Roach
Website	Cameron Ward

Finance		
Representative	Josh Wiggins	
Open Mens Rep Committee	George Manou	
Open Womens Rep Committee	Briony Nilan	
Masters Rep Committee	Carolyn Davies	
Junior Rep Committee	Dean Morrow, Chris Thuell, Briony Nilan	
Indoor Rep Committee	Briony Nilan, Aaron Nilan, Alex Lupton	

Competitions	
Junior Convenor	Anthony Roberts
Junior Comp Committee	Robyn Wiggins, Sue Morrison, David Wells, Murray Kraa
Womens Convenor	Rachel Wilkinson
Womens Comp Committee	Briony Nilan, Kara Seymour, Tanya Arathoon, Anna Barton, Jodie McIntosh
Schoolgirls Comp Committee	Tanya Arathoon

Development	
Training & Dev Convenor	
Umpiring & Officials Com	
Coaching & Player Dev Com	Alex Lupton, Briony Nilan, Brian Graf

PRESIDENT'S REPORT

As I come to the end of my two year appointment as SEHA President, I can honestly say it has been a wonderful and rewarding journey.

Over the last two years, my fellow SEHA Directors have had to make some tough decisions along the way, in conjunction with directives from HockeyNSW, for the betterment of the hockey and the Association.

From setting the foundations, implementing policies to now seeing the results evolving from all the hard work, Sydney East is truly heading in the right direction.

This is not done just by five Directors, our Convenors and Committee members also have devoted their spare time to help achieve and reach the Association goals for our members benefit. I have to also thank all the fantastic volunteers who put their hand up to coach, umpire, manage and officiate club teams and also the Association's representative teams. The result of all the passionate and committed members Sydney East have, the Association is on track and will continue to grow and be an Association all members can be proud to be part of.

2016 year saw Sydney East introduce a junior development program. It was great to see that so many players were wanting to learn and become better players. The program reached well above its target of 40 and saw nominations close the program at 55 players. Positive feedback was received by the players and parents and 2017 will see the program being available again, however it will be split into two programs and will not run as long, so it won't clash with club, rep or NSW training commitments.

Coaching and umpiring development was also targeted this year by the Association. Sessions were organised by the Association and HockeyNSW at various venues to get many club members involved. Information regarding player, coaching and umpiring sessions were communicated to your club delegates, the Association website and facebook page. Please take advantage of these sessions in 2017. Having more members gain better knowledge or obtain an accreditation, will not only have a positive effect for yourself but will also benefit your club and the Association.

Sydney East had a number of teams represent the Association in field and indoor. It was pleasing to see that to date, 11 teams have either kept their same ranking or improved their ranking from 2015. This would not be achieved without players nominating themselves to represent our Association or our experienced coaches who give up their time to coach these teams. Please take the time to read about all the wonderful team achievements and also achievements of individual players later in this 2016 Annual Report. From all the carnivals,

state championships and nationals I was fortunate to attend, I can honestly say all Sydney East representatives were a credit to themselves, their families and the Association.

Finally I would like to thank everyone who has not only supported me as President for the last two years but also supported Sydney East. I have no doubt that whoever succeeds me as President, they too will see how rewarding it is to be part of this amazing hockey community.

Briony Nilan President

ADMINISTRATION DIRECTOR'S REPORT

As I come to the end of my two year term as Administration Director I reflect on how far we have come as a new Association.

From no website or social media communication we now have a user friendly website with regular updates and a Facebook site which also provides current information. Thank you to Briony Nilan for staying on top of the Facebook updates especially for the rep teams.

We have also implemented a new Judiciary and Misconduct Policy which updated the procedures and processes for Judiciary as well as providing guidelines for cases of misconduct. We have blessedly had little occasion to utilise the policy over 2016.

The registration component of my role has probably been the biggest hurdle, however I must commend most clubs on their co-operation and co-ordination of this ever changing process. Working within a medium sized club myself, I am aware of the trials that continual changes bring, and it is a credit to our club registrars that there were minimal issues this year. 2017 will bring a new system which I am sure we will we be able to adopt.

I feel we communicate well as an association with our stakeholders and it is this strong facet of our management which allows us to move forward ahead of many other associations in our development.

A big thank you to our President, Briony Nilan for assistance to me - I was reluctant at the outset to take on a Director's Role, feeling it would be a daunting task, however she has assisted me patiently in absorbing what was required of me.

Thank you to all clubs for their assistance.

Tanya Arathoon
SEHA Administration Director 2015-2016

DEVELOPMENT DIRECTOR'S REPORT

The Sydney East Hockey Association's development activities include being:

"Responsible for the planning and implementation of all aspects of development, as it relates to players; officials; clubs; and the game of hockey alike"

A summary of SEHA's development activities undertaken in our 2nd year follow:

- 1. Aligning our development initiatives with the governing body, HNSW.
- 2. Regional Coaching Coordinator (RCC) Andy van Pelt worked with SEHA to deliver:
 - RCC visits to each member junior club at local training nights
 - RCC visits to senior clubs by request at local training nights
 - RCC delivering SEHA coach development workshops in our region
 - Schools program in our region which expanded this year
- 3. Junior development programs and pathways:
 - Centre of Development (COD) programs u9 to u11 and u13 to u15 (March 2016) and (November 2016 to February 2017) include coaching support.
 - Metro Sydney Academy for tier 2 u16-18s (November '16 to February '17)
 - HNSW School holiday (u12) development Camp in school holidays 7 July
 - SEHA's Development Program for u13-u15s run by Alex Lupton
- 4. Training and Development Accreditation Opportunities
 - Level 1 Coach accreditation workshops
 - i. David Phillips 20 January 2016–15 candidates Cintra 7 Briars candidates
 - ii. Cintra Glebe candidates
 - Level 1 Umpire Accreditation ongoing
 - Rule Night (16.3.16) and two Beginner Umpire Workshop sessions for new 26 junior/10 senior umpires led by Debbie Dodd/Carol Wark 6 April 2016
 - Umpire coaching during the season of umpire candidates seeking accreditation
 - Support to our junior umpires for state champs
- 5. Schools Program initiatives that support growing our sport in our region
 - Schools that have signed up for 6 week programs of hockey for sport: SGHS, Double Bay, Gymea, Mariah College, Kogarah, Balmain, Villawood Public school, Meriden, Oatley Public school, International Grammar School Ultimo, Hannans Road Public School, Banksia Road Public School, Strathfield North Public School, Granville Public School, Orange Grove Public School. Trinity Grammar.
 - Lugarno Cluster Program linked with St George is a primary school competition that
 consist of 11 schools with two teams playing each taking part, a round 300 pupils
 playing. The Cluster program has been going very well and provides a great chance to
 convert new players. We have been helping the schools develop teacher coaches for the
 modified games. As well as assisting in game knowledge for the players. A couple of
 schools have taken up the option of having the RCC attend the school to run a training

session for them. In the long term, we would like all the schools to run a hockey program in term 3-4 for the player to help develop the level of skills and give us a greater chance of converting these players to SEHA competitions. They currently have 11 schools with two teams each taking part.

• Go Active Bankstown 31 October

A huge thank you to all involved especially Andy van Pelt, and Alex Lupton, Briony and Aaron Nilan, Debbie Dodd and Carol Wark for their ongoing contribution to the SEHA development programs. I look forward to next year where we aim to add value to member clubs and to inspire our players, coaches, umpires and officials individually to StepUp and gain accreditation ...the Board appreciates and thanks all involved for the work and effort and welcomes feedback.

Kathy Calokerinos Development Director

FINANCE DIRECTOR'S REPORT

During this year we moved closer to having all of the finances come through the one source, with the inclusion of the SEHA Junior Competition and Women's Competition coming on board. Next season the Junior Schoolgirls Competition will complete the transition.

Each committee will recommend its own budget and fee structure, and I will require the treasurers of those committees to continue to monitor the income and expenditure as it occurs, to ensure that it keeps within budget. With two years of data, the Board will be in a reasonable position to more closely monitor the various budgets and advise on possible adjustments.

It is disappointing to find that some clubs are not monitoring their members and players to ensure that they are fully registered and then failing to accept responsibility for it. All players who were not properly registered this season (failed to pay the SEHA association administration fee) will be listed as unfinancial with Hockey NSW and all other associations and competition committees for next season.

Clubs and Teams should ensure that invoices issued by the Association are paid on time. There is almost \$20,000 in unpaid invoices, which were all due before the end of the financial year (September). These invoices are an average of 120 days overdue.

A reminder to all umpires, coaches and other officials are required to submit an ATO form NAT 3346 (Statement by a Supplier) to indicate why they should not be taxed (at 48%) or pay GST. This will only need to be submitted once, except where the supplier's circumstances change; i.e. junior umpire turns 18 years of age; or something similar. The forms are available from the SEHA website, or from me. I would prefer that these forms are filled out electronically and returned to me via email. Some hand-written forms are barely legible when scanned and emailed.

I look forward to serving another term and streamlining our systems further. Please feel free to contact the Board, or me directly, if you have any issues of concern, or suggestions for improvement.

Graeme Barnard Finance Director



Financial Report 2015-16

Prepared by
G Barnard
Finance Director

PO Box 239



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ABN: 15 145 080 995

16 November 2016

TO WHOM IT MAY CONCERN,

Bookkeeping & Training

RE: SYDNEY EAST HOCKEY ASSOCIATION - ABN NO. 98 153 957 262

I have audited all the information provided and produced the accompanying Balance Sheet and related Statement of Income (Profit & Loss) for the period 1 October 2015 to 30 September 2016.

I have assessed this audit based on the QuickBooks Intuit company file and information provided by Graeme Barnard to obtain reasonable assurance that the financial figures are free of material misstatement.

I have audited the GST liabilities of Sydney East Hockey Association and the Balance Sheet reflects an accurate figure of GST that was due and payable to the ATO as at 30th September 2016.

In my opinion the financial statements and balance sheet present accurately in relation to the financial position of Sydney East Hockey Association.

If you have any questions please do not hesitate to contact me on 0431 117 705.

Yours faithfully

Samantha Sharp

Managing Director



Sydney East Hockey Association

Profit & Loss Statement October 2015 - September 2016

Income			
Competitions	\$ 96,627.81		
Representatives	\$ 14,413.64		
Services	\$ 99,733.86		
Admin	\$ 8,495.64		
Uniforms	\$ 10.91		
Total Income		\$ 219,281.86	
Cost of Sales			
Turf/Field Hire	\$ 100,865.01		
Competition Entry	\$ 20,289.99		
Umpiring	\$ 28,118.93		
Coaching	\$ 7,274.78		
Equipment	\$ 2,057.91		
Uniforms	\$ 4,728.09		
Other Costs	\$ 15,887.52		
Total Cost of Sales		\$ 179,222.23	
Gross Proffit	_		\$ 40,059.63
Expenses			
Depreciation	\$ 4,424.27		
Other Expenses			
EDWHA	\$ 1,930.89		
Total Expenses		\$ 6,355.16	
Nett Earnings	_		\$ 33,704.47

Sydney East Hockey Association

Balance Sheet FY 2015-2016

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Cash at Bank

EDWHA Account \$ 0.00 SEHA ANZ \$ 53,038.23 Trade Debtors \$ 19,710.50

\$ 72,748.73

Equipment/Stock

 Equipment
 \$ 2,646.83

 Equip Accum Dep
 -\$ 1,764.54

 Uniforms
 \$ 10,626.00

 Uniform Accum Dep
 -\$ 7,084.00

\$ 4,424.29 **\$ 77,173.02**

Liabilities

Total assets

Accounts Payable \$ 12,275.00

BAS Liabilities \$ 4,986.90

Total BAS Liabilities \$ 4,986.90

Total Liabilities \$ 17,261.90

Nett Assets \$ 59,911.12

Equity

Current Earnings \$ 33,704.47 Retained Earnings \$ 26,206.65

Total Earnings \$ 59,911.12

Total Equity \$ 59,911.12

Notes accompanying Financial Statement

Scope

The income and expenditure by group figures are provided for information only and are "raw" figures, on a cash basis, including GST; therefore will not tally with the audited accounts from QuickBooks Online.

Notes:

- 1. To date there have been no invoices paid for the 2016 SWHL Masters competition.
- 2. The Indoor Representative season is still underway and is not yet showing all the income and expenditure for that portfolio.

Sydney East Hockey Association

Income & Expenditure Break-up by Group Oct 2015 - Sept 2016

		2015-2016	2014-2015
Junior Comp			
Total Income	\$ 26,915.00		Notes
Total Expenditure	-\$ 27,484.70		
Nett Position		-\$ 569.70	
Junior Schoolgirls			
Total Income	\$ 29,494.75		
Total Expenditure	-\$ 29,179.75		
Nett Position		\$ 315.00	-\$ 367.11
Wamans (Comp)			
Womens (Comp) Total Income	\$ 78,530.20		
Total Expenditure	-\$ 66,742.80		
Nett Position		\$ 11,787.40	-\$ 2,202.36
Junior Reps Total Income	\$ 35,015.00		
Total Expenditure	-\$ 24,408.70		
Nett Position	Ψ 2.1, 1.00.1.0	\$ 10,606.30	\$ 359.90
Senior Reps			
Total Income	\$ 3,020.00		
Total Expenditure	-\$ 4,660.70		
Nett Position		-\$ 1,640.70	\$ 853.00

Sydney East Hockey Association

Income & Expenditure Break-up by Group Oct 2015 - Sept 2016

Masters

Total Income \$ 12,890.00

Total Expenditure -\$ 2,586.00

Nett Position \$ **10,304.00** \$ 4,106.75 1

Indoor

Total Income \$ 7,080.00

Total Expenditure -\$ 7,992.00

Nett Position -\$ **912.00** \$ 2,740.00 2

Development

Total Income \$ 3,900.00

Total Expenditure -\$ 2,742.50

Nett Position \$ 1,157.50

Admin

Total Income \$ 40,441.04

Total Expenditure -\$ 30,685.52

Nett Position \$ 9,755.52 \$ 16,941.03

Total

Total Income \$ 237,285.99

Total Expenditure -\$ 196,482.67

Nett Position \$ **40,803.32** \$ 22,431.21

COMPETITIONS DIRECTOR'S REPORT

As I write my final report as Competitions Director, it would be remiss of me not to thank my fellow board members, who have done an outstanding job in getting the Association up and running and putting in place a great platform for the future.

Special mention must go to our President Briony Nilan. Briony does an absolute mountain of work across all areas of the Association and she is, without a doubt, irreplaceable. The work Briony has done is simply immeasurable. You are blessed to have such a strong family unit to allow you to do what you do so well.

The competitions that SEHA is directly responsible for are our women's and junior competitions. We still have our men's clubs playing in the Sydney wide, Sydney Men's Hockey Association run competitions.

For our competitions, we are so lucky to have great people who volunteer for the various roles on our sub-committees. I believe they have done an outstanding job and in the main, provided improved competitions over the previous year.

To Rachel Wilkinson and Anthony Roberts, our Convenors, my heartfelt thanks for the work you do and for the work of your committees and your understanding of now having to work under the umbrella of the Association and its policies and procedures. Whilst it does mean some impositions on the way things were done previously, you are in the main, able to operate to a large degree autonomously. I thank you and I ask that everyone read their reports and if you can, volunteer to help in 2017.

To all the clubs who participate in our competitions, my thanks for your participation and I trust you will over the ensuing years, invest in our competitions even more and provide valuable feedback on how they can be improved and make them ultimately really enjoyable competitions to be a part of.

On the back of that, I would like to encourage all clubs to get their members to really embrace SEHA and all that it offers, and be a part of making it a great Association. Whether that be as players, coaches, managers, umpires or administrators, we need strong involvement from the clubs, as the too few who administer the Association, really need your help.

Finally, my best wishes to everyone as we approach the festive season and I trust you all have a great end to 2016 and come back even better in 2017.

Danny O'Brien Competitions Director

SEHA Junior Convenor Report

The 2016 season was another successful season for junior hockey. This success comes down to the players, coaches and managers, parents, umpires and the infrastructure at each club supporting competition.

For the second year in a row, a new "club", being St Andrews Cathedral School joined the competition and entered a 15s team, following the Sharks entering new teams last year and continuing to participate in 2016, which is a real positive for the competition.

The competition consisted of 39 teams and 7 competitions, as well as the U9s carnival teams, from the following clubs Bankstown, Glebe, Moorebank, St George-Randwick, St Andrews Cathedral School, Sutherland, Sharks and UNSW. Of these teams over 40% are from clubs outside of the SEHA clubs.

The perennial issue for this junior competition is grading, and the standard at which hockey players and teams are at, which can change from year to year across clubs and teams. My thoughts are, for this competition, each club should be aiming for two teams per age group, certainly to 15s with the top team from each club to participate in each of the A completions. This would then facilitate more evenness of play across each competition, but that said, success is measured by wins there will always be a top and bottom team.

Of the many games I observed and reports received it was very satisfying to see the sportsmanship from all players and the positive behaviour of parents, coaches, managers and umpires. Hockey is a relatively small community and finding the balance between competitiveness and providing a positive and safe environment is something all stakeholders in this competitions should be proud. This is one area I believe hockey leads many sports and needs to be maintained and not taken for granted.

The junior convenors' from each club put in a huge amount of work for their clubs and for the competition. This is a key role in each club and it is important that clubs have experience administrators for this role, as well as support around each individual so as not to be key person reliant. There are some signs that some of the more traditional clubs need to do some more work in this space.

Thank you to these convenors' for the work they do, and particular thanks to the executive of the committee for the work which was done, and putting the competition ahead of individual club interests. And congratulations to all players and junior umpires for the 2016 year.

Club convenors:

Ray Veleski (Bankstown), Kim Brooks (Moorebank), Clare Prideaux (Glebe), Craig Turner (Sutherland), Mick McDonald (St George Randwick), John Dalla Bona (Sharks), Ric van Wachem (St Andrews Warren Lee (UNSW).

Committee Executive members:

Sue Morrison, Murray Kraa, Robyn Wiggins, David Wells

Kind Regards

Anthony Roberts

SEHA Women's Convenor Report 2016

The 2016 season was another successful one for the women's competition with 29 teams from 13 clubs competing over 4 grades. The Women's Competition Results were as follows:

Women's Competitions Awards

Major Club Champions Dolphins Minor Club Champions Esquires

Premier Grade

Grand final result - Esquires defeated UNSW 2-0 Umpires - Alison Banks and Aly Amundson Grand Final Player - Kristie Short Highest Goalscorer - Clare Adamiak Best and Fairest - Kym Turnell Minor Premiers - UNSW 1

2nd Grade

Grand final result - Sutherland defeated Bosco 2-0 Umpires - Marilyn Brown, Lyndsey Freeman Grand Final Player - Claire Watson Highest Goalscorer - Lily Maroney Best and Fairest - Hannah Goman Minor Premiers - Bosco 2

3rd Grade

Grand final result - Bentstix defeated Sutherland 2-1 Umpires - Debbie Dodd and Janet Black Grand Final Player - Alicia Joinabee Highest Goalscorer - Nicole Honeysett Best and Fairest Player - Tanya Hoswell Minor Premiers - Bentstix 3

4th Grade

Grand final result - Dolphins defeated Easts 6-0 Umpires - Wayne Cotterill and Rebecca Byrnes Grand Final Player - Carla Stacey Highest Goalscorer - Mikaela Slater Best and Fairest 4th Grade - Ruth Hoff Minor Premiers - Dolphins 4

A small change in the way umpiring roster was distributed this year, with the whole roster being sent out in advance, was well received by clubs. Feedback so far is that from a club perspective it made it easier to organise, plan, and lock in umpires for their allocations. Turf availability continues to be a challenge with it becoming harder to secure the necessary timeslots to accommodated teams across Saturday and Sunday.

On behalf of all the players and officials I would like to 2016 Women's Competition Committee comprising of Jodie McIntosh, Anna Barton, Kara Seymour, Tanya Arathoon, and Briony Nilan. Without their hard work, time, and effort, the competition would not run as smoothly nor be the continued success it is.

Rachel Wilkinson SEHA Women's Convenor

SEHA Junior Development Program

SEHA Directors recognised that there was a need for junior development and with their support, I was able to establish a junior development program over 5 sessions. The aim of the program was to develop their individual technical skills, tactical skills in different situations and specialist skills with minimal cost to players.

Our target was 40 players based on the 2015 U13 and U15 SEHA players, however with such a great response, we closed registrations at 55 players. I understand that it was difficult some weeks for parents to get their child to program, especially during the start of rep hockey/club season and school holidays, so your efforts were appreciated in making this a success for the players.

Special thanks of support to St George Randwick Hockey Club, who donated turf time; Calgus who donated training bibs; Esquires Hockey Club who donated hockey equipment and personal donations from our volunteer coaches.

Without the additional assistance of the following coaches in volunteering their time, knowledge and skills, this program would not have been delivered and achieved: Ross Bougoukas, Scott Barker, Bill Graf, Mim Pritchard, Briony Nilan, BJ Bruton, Aaron Nilan and Andy Van Pelt.

Surveys will be sent out for feedback to evaluate how the program was received by players and parents and whether or not the program should continue in 2017.

Please keep up practicing your skills. Play safe and play fair - enjoy the rest of your 2016 hockey season.

Alex Lupton
SEHA Junior Player Development Coordinator

SEHA Open Men's No. 2 Team 2016 Report

The SEHA Open Men's No. 2 Team consisted of:-

Logan Hunter
Oliver Brownbill
Matthias Halliday
Jonathan Prosser
Xavier Dao

Matthew Bannerman Matthew Najdzion Colin Smith Corey Morrow Mitchell Graham Aaron Nilan Alan Kennedy Daniel **Jowlett** Damon Gibbons Joshua Wiggins Brayden Morrow

Game Results

Round 1 v. Wagga Wagg Won 3-0

Round 2 v. Illawarra South Coast

Won 2-1

Round 3 v. Nepean

Won 6-1

Round 4 v. Metro South West

Draw 0-0

Semi Final v. Hockey Coffs Coast

Won 3-1

Final v Illawarra South Coast

Lost 2-0

Final Placing

2nd Division 3

The team comprised of both experienced senior players and talented junior players, which made the team structure well balanced. Most of the players met each other only an hour before the first game and had no training sessions prior to the state championships.

As the games progressed, the players started working together more as a team through communication, ball movement and structure. The team soon learnt to adjust to playing on sand turf following the first game. Some great hockey and results were achieved to put us in the position of playing in the final against Illawarra South Coast. Unfortunately the final result did not fall our way and the team still walked away proud of their efforts over the state championships.

We all got on well together and had a few laughs along the way. It would be good to see to the players return next year to see if we can take out the honours of Div 3.

Aaron Nilan SEHA Open Men No. 2 Coach

Open Women's SEHA Team 2016.

The team had a good mixture of experienced and junior players, who all handled the step-up in playing standards required at the state championships. The team adapted well to playing in different positions, and demonstrated a good understanding of the technical side of hockey. They gelled together both on and off the pitch and were no player issue during the state championship. The weather was cold but it was good to have the sun out, it was also good to have the tournament closure to home.

Day one of state championship:

Vs Illawarra 1-1 draw

First game of the tournament, the game was played at a fast pace. The girls played well and were able to put ongoing pressure on the Illawarra team. Our Defence and midfield was our strength, but we did lack experience up front and didn't take goal scoring opportunities. Overall the girls put in a strong performance and played well as a team, especially for our first game together as a group.

A good start to the tournament and the girls where excited for the weekend.

Vs South West: 2-0 lost

This was our worst game of our tournament; we were outplayed by an experience side. We did have some good stages during the game, but we couldn't keep up with the speed of the game, as we were down to only two on the bench which didn't help. Our marking and our thought process wasn't great as our girls started dropping their heads as the goals against started coming during the second half.

The good points from the game were the first half when we put pressure on their defensive line. The Strength of our midfield in going forward and we improved our forward line play, but we still didn't Capitalise on our goal scoring opportunities, which could have changed the game final outcome.

At the end of the game the girls weren't happy with the performance and knew as a group that we could have played better. The girls were keen to show improvements for day two.

Day two of state championship:

Vs Tamworth: 2-1 Win:

This game changed the outlook of the tournament. The team showed their class all around the field. We took our opportunities upfront, and in defense we show strength and discipline.

The team took on board what didn't work well from night before and used this as a way to go forward in the tournament.

The team worked the press well; the movement of the ball to the help side when required was a huge improvement. I did have to change a few positions, which the girls took on board and understood the change in direction was required for the team. It was good to have another player on board as this help with the rotation of players. The girls walked off the field with a postive outlook.

Vs Nepean 1-0 Lost:

The team improved a lot from the morning game. After the other results from tournament, if the team won, we had a good chance of making semifinal. The younger players stood-up and we looked like the better team for 90% of the game. The goal against was from a well worked corner, which the girls weren't

disappointed by. The speed of the play and movement around the field was at a high level. Back transfer and working the ball through the midfield was lovely to watch. Both goalie's stood up and directed team from the back.

We still didn't take our goal scoring opportunities when required, but the enthusiasm and determination shown by our girls that exposed weakness of the Nepean team.

Final game vs Northern beaches 2-0 lost:

This game showed as a young side we can make top four, as we played against one of the tournament favorites. The body language of the girls and overall strength of the team was impressive. The first goal was from a defensive error, and the second was from a well worked corner. Our captain and most experience came off in the first 20mins, which meant we were down to two on the bench. The character that the younger girls played was amazing, ball movement, space awareness, patience and the ongoing pressure that we placed on their defense meet the girls had got more confident in what they are doing.

Overall:

The strength and skill level of your junior player's was really impressive, potentially if the juniors continue their current development the team next year will challenge for the top four, especially if we can keep these girls together. The Longer term plan for the association is to be state champions. The desire of the girls to do well and improve was something as a coach I loved been part of.

A special thank you to Donna for doing amazing job as Manager and Briony Nilan for her ongoing support.

Some of the girls were not State Division one player's and are more suited to a team two environment at state championships, as it would give them more game time, but the girls did do me proud of their efforts and did fit well in the team.

A big concern is the number of players that had nominated themselves for states. The feedback received from players and parents was the timing of notifications and methods of communication .Also, not having trials and having a nomination system of first in doesn't create the culture of valuing a representative jersey, which should be a great honor. Again, I understand that the clubs are not helping communication state championships, but some thoughts needs to be given in improving the communication channels as the association is doing a great job. Coaches should be selected earlier in the year, so will then enable the coach to be involved with establishing the squad, who could possible help with the communication to players, clubs. Consideration should be given to having a team two. It would enable the association get the junior's players involved as there the future of your association and will help keep it strong. (Re-look at the age level maybe 17 upwards). To make it work get the under 18s coach on board, this could help develop a sense of pride in the jersey. It will provide a structure for the younger players who will see it as a pathway to getting prepared for the next level.

Tracey Nutt SEHA Open Women's Coach

SEHA U18 1 Boys team report 2016.

The aim of mine while having the pleasure of coaching this young men, was to open their eyes to different coaching approaches and different structures. At training it did take a couple of sessions to try and get the new ideas into practice where I felt we were able to play these different structures at the State Championships.

Our first game was against Tamworth 1– a tough first up game.

Result: 4-4 Draw

Goal scorers: Matt Bannerman (2); Billy Graf; Miles Davis

A game was one which we could take a lot out of. Whilst we were down 2-1 at half time we modified a few structural issues to enable space to be created to utilise in attack and in defence the team learnt a lesson in regards to stepping up on players and not escorting them into the circle.

Our second game was against Illawarra 1

Result: 6-2 Loss

Goal scorers: Billy Graf; Matt Bannerman

A game which we were in and started on top off Illawarra, however, the team learnt that consistent intensity, communication and commitment is definitely required at this level of competition. The team lacked cohesion in defence for approximately ten minutes, when during this time we allowed the Illawarra attack to run riot scoring 4 relatively quick goals. On saying we dropped for ten minutes, the boys did lift again and never gave up. We kept trying to score goals and build up in attack.

Our third game against Newcastle 1

Result: 4-2 Loss

Goal Scorers: Angus Baird; Miles Davis

Another tough game which did get quite physical and unfortunately we did lose composure with the umpires and had some players sent off demonstrating a dislike to some decisions. Newcastle also fell into this trap with a couple of players getting sent off for misdemeanours. At one stage this had the game being a 9v8 game. Another lesson being learnt by the players to keep their opinions to themselves rather than lacking control and letting the team down. After this game the players came up with an agreement to run harder rather than speaking back to an umpire - a team decision I supported and admired by the leadership of Billy Graf and Sam Alexander – Prideaux.

Our fourth game against Met South West 1

Result: 1-1

Goal scorer: Bill Eustace

This game was going to determine who would be playing off for relegation as we had only drawn a game and Met South West had lost by small margins. It would be a gutsy game, one where being tenacious was going to win. The ball travelled end to end, and Logan Hunter kept us in the game as did their GK. It just went to prove that the game was going to be indicative of every player doing their job. Again the boys kept pushing themselves and kept running hard for one another. I could ask no more and we were well composed and did not let any umpiring decisions get under our skin.

Our fifth game against North West Sydney (classification 4 v 4)

Result: 1-1 Draw

Goal Scorers: Billy Graf

A clash of to Sydney teams and all players wanted to win. Another outstanding game by Logan Hunter and Billy Graf. It was a game with high intensity plenty of running as we lost Xavier Dao early on due to an ankle injury, therefore, leaving the team with two subs and the boys rotated well and played hard for one another. I believe this was their best game of the championships.

Our final result was 8th Place in Division 1.

Overall the standard of the U18 State Championships was at a high intensity, where every team played with their heart on their sleeves for their association and we were no different. Every game required commitment to the team by each player and I believe that as the championship went on, players grew more confident in their own ability. The high intensity is one aspect that the team needs to be start with and maintain and as mentioned previously this is something that came to fruition by the end.

This particular team only loses three players from the following years, indicating a strength for this team and age group with some other exceptional players in the younger age groups set to join this group, whether in the One's or the Two's.

I would also like to take this opportunity to thank Geoff Baird for his managerial skills and all the parents who assisted on the Technical Bench. Without parents willingness to assist the association would not be able to enter teams.

Regards

Alex Lupton

SEHA U18 1 Boys Coach

State Championships Report for

2016 SEHA Under 13 Girls

The 2016 U13 girls team were a credit to themselves, their families, their clubs and SEHA

In Wagga Wagga it was pleasing to see the girls represent the Uniform to a high level both on and off the field.

This report will outline our representative year from selections through to State Championships

Trials

This was my first experience as a coach for the SEHA trials. Firstly I would like to pay the SEHA committee a big thank you for the efforts in scheduling and organising these trials.

It was disappointing that in this age group we only had 16 girls able to trial with a few dropping out or not showing up to trials.

After the final trial date whilst we had a team it was identified that the team had no goalkeeper. I believe that this is an area that is not just SEHA related but across several associations and may be considered by SEHA committee in their dealings with the areas RCC.

Training

Our training sessions were run early mornings and were run for 2.5 hours for each training session. Availability of turf and maximising the time, keeping mind the budget were the reasons for this training time.

Training session 1

This session was primarily about our structure for 2016 representative season and the positions involved in this structure.

Training Session 2

A big thank you to Litiana Field for stepping in and filling in for me for this training session as I had to fly to Cairns for my Grand Mothers funeral.

This session was to work on transfers out of the defense and also short corners.

Training session 3

This was washed out due to the East Coast Low

Canberra

This was the first time that the team took to the field as a team. This weekend was about trialling the girls in their positions during the training sessions and make changes over the weekend on what I thought would develop the team.

Prior to each game I had the girls identify an area of their game they would work on. After the game I would ask if they thought that they had worked on the point that they identified

It was a mix of a weekend and whilst the results indicate that we finished last in the Division 1. There was great development in the girls over the weekend.

After this weekend I sent each of the girls their individual feedback and encouraged them to discuss this with their club/school coaches. This was received by the athletes and their parents in a positive way and I actually received an email from a school coach on his thoughts.

Training session 4

This training session was used with drills that reinforced the Get Give Go process. We also worked on the basics of channelling and ensuring that we channelled with our sticks on the ground and move to the ball without swing our sticks. Our third drill involved getting stronger in the tackle.

Moorebank

A big thank you here is extended to our unofficial Assistant coach Lester Currie for filling in for me while I was away in Taree with my daughter. Also import to acknowledge the foresight by Briony to nominate the team into div 2 for this carnival.

It was a great confidence builder for the team to finish second in this carnival.

State Championships

Game 1 - Friday Morning 840am

Loss to Tamworth 6-0

This was an extremely disappointing start to our campaign. Whilst Tamworth were a quality team we were way to soft in defense and were consistently allowing easy turnovers and we were unable to possess the ball. We were hesitant in tackles and were scared of the players

After the game we have a debrief and the final question I asked the girls was "please put your hands up if you feel you put in 100% for the game" not one of the girls put their hands up.

I asked them to think in between games on what to improve on.

Game 2 – Friday Afternoon – 1240am

Draw with North West 0 - 0

In our warm up I changed it dramatically. The warm up consisted of:

- A run as a team which was led by Chelsea the captain.
- A drill that encouraged the girls to run diagonals and avoid/push each other out of the way
- After 5 minutes of this the team got together led by Chelsea, without me, to discuss what they were going to do. I allowed about 4-5 minutes for this.
- I than came over and go the girls into their playing lines (strikers, Mids, defenders inc GK). I gave them a laminated sheet each and asked them as a line what they would work on. They had 3 minutes to do this. I than had the Senior players (Chelsea, Layla and Mimi) read out to the whole team on what each line had identified as important for them.
- We than went over specific strategy for this game.
- We than did a drill with the ball that involved strong tackles in 1-1
- Finally as waiting for the current game to finish the gilrs would continue to stretch and just watch the game.

We stressed in the pre game talk that SEHA girls are to polite and we need to channel the "Inner Mongerel" that country associations have. This meant that we needed to not back out

of tackles and we had to toughen up. The girls demonstrated this and were unlucky not to score of a couple of short corners.

This was a fantastic team effort.

Game 3 - Saturday Morning - 840am

Win over Metro South West 1-0

We continued the same warm up from game two. With a focus to continue on from the great efforts from the day before.

The girls went out with purpose and scored an early goal of a penalty corner. We than had a few close calls in defense but the girls really worked hard for the win. A few times we did panic and pass back to the opposition. This continued to put us under pressure. However the girls toughed it out for the win.

The importance of this win was not understood till the final game on Saturday as this win ensured that Metro South West would play the relegation match.

Game 4 – Saturday Morning – 1120am

Loss to Lithgow 3 – 1

We continued to the same warm up as our previous two games with the focus on the efforts from the earlier games.

The girls went out and started slowly which made it harder for us to move in to attack. 2 early goals to Lithgow tested the mental toughness of the team. The girls worked hard for a short corner and capitalised on the opportunity to bring the scores back to 2-1. The girls than nearly equalised with a great ball from defense to attack which led to a 1 on 1 with the GK who went to clear it and see the ball go across the goal and just miss going in. Lithgow than scored a very scrappy goal in the final minutes.

Classification for 7th and 8th Place – Sunday Morning – 12pm

Loss to Sydney Northern Beaches

With the warm up staying the same except for the pre game talk where I mentioned to the girls that this was the last day of the campaign for 2016 and lets finish on a high by continuing our great efforts.

An early short corner to SNB resulted in a goal and to the credit of the team they did not stop trying for that equaliser. A few minutes before half time we were down to 2 subs after Claire was struck on the hand by a ball and was required to go to hospital for xrays.

The girls defended so well in the 2nd half and were able to work out of defense and into attack for a short corner. Unfortunately it was not to be our game and the score remained 1-0.

Overall

As we were wrapping things up it was a pleasure to thank the girls and their parents. There has been no dramas from the group of parents and there was no issue from the girls. (Apart from the giggle and chatter that is 12 and 13 year old girls).

Watching the girls interact over the team dinner was great and the parents really enjoyed each other's company with some parents having dinner together on the Saturday night as well.

The overall feeling of the team was on of an enjoyable experience.

Audrey's role as manger was a great contributor the overall team experience, her communication was fantastic and her organisation of team activities was great. During the campaigns everything was completed when required and her repour with the girls was fantastic.

Lester Currie was also a great asset to our team, I would like to encourage SEHA to assist Lester with his coaching as he has great potential to coach a SEHA team.

To the SEHA board, Thank you for providing an opportunity to coach this team, I understand that the expectation is to win State championships, but with this group of girls this was going to be tougher than previous years but to see how the girls stepped up over the weekend and to see that we had a draw with one of the eventual championship winning teams is a display of how they have developed and enjoyed their experience. Hopefully this positive experience will result in the girls returning next year.

Yours in Hockey Guy Mannering SEHA U13 Girls Coach

U18 Indoor Girls Report 2016

Firstly, I'd like to congratulate the team on an outstanding ISC campaign and brilliant result. The girls not only secured the title of champions in division 2 and promotion to 1st division for SEHA in 2017 but did so undefeated and with a no cards awarded throughout the tournament.

They kicked off the championships with two wins on the first day against Illawarra South Coast 3 (4-1) and Nepean (4-1). On the second day, they faced a tough and physical Manning Valley side but our girls stood to the challenge and walked away with a 3-2 victory. On that afternoon, they hit their stride for a 5-2 win against Nepean which secured 1st place in pool B for our girls.

In the semi-final they faced a skilled Sydney South team which was always going to be difficult to beat. However, thanks to a brilliant clearance off the line by Caitlin Wasserman in the dying minutes of the second half, our girls secured a 2-2 draw and a spot in the final.

For the final against Orange, our girls remained calm but determined to give it their best and they certainly did not disappoint. After being 1-0 up at the end of the first half, Orange came back with an equaliser in the second half which forced the game into extra time. After the first block of extra time (golden goal rule), the game remained locked at 1-1 and drop-off rule came into effect. Our girls finally found the back of the opposition's net for a much-celebrated victory!

I'd like to congratulate Litiana Field, our team captain for a terrific campaign. Litiana led her team with experience, skill and maturity. Always having words of encouragement for her team mates, she also led a rock-solid defence which only conceded 9 goals in the whole tournament.

Last but certainly not least, I'd like to thank our coach Guy Mannering for an outstanding job! Ever the consummate strategist, Guy's "20-minutes at the time" approach kept the girls from losing focus and enjoying the game.

The team:

Gabi Warner (GK)

Sam Lee

Alanah Southan

Emily Gordon

Lily Tha

Caitlin Wasserman

Litiana Field (C)

Amy Molloy

Isabella Shannon

Amelia Voisey-Youldon

Guy Mannering (Coach)

Andrea Casteriano (Manager)

Sydney East U15 Boys Indoor Hockey Report

The Sydney East U15 Boys Team for 2016 NSW Indoor Championships were:

Brandon "BK" Potts

Cameron Jones

Riley Nilan

Patrick Vastani

Rashil Jetley

Miles Davis

Ronan Shiels

Tim Pritchard

Sulaiman Mehmood

Sourish Iyengar

The following games were played:

Game 1: Won 5-2 v Tamworth 1

Goal scorers: Patrick Vastani (2), Miles Davis, Rashil Jetley, Sulaiman Mehmood

A good starting point. The boys started to settle and get the ball moving. A pleasing result with slight modifications needed in defence to limit the opposition entering.

Game 2: Lost 5-3 v Central Coast

Goal scorers: Tim Pritchard, Patrick Vastani, Miles Davis

The boys played an extremely tough and physically draining game which went from 2-2 with two quick goals to the Central Coast and leading to an end result of 5-3 down. A little more tenacity and quality in goal shots in the attacking circle was needed. Unfortunately, during this game Rashil Jetley went in for a strong tackle got a touch on the ball but had to come off with a broken collarbone.

Game 3: Lost 2-0 v North West

Goal scorers: NIL

North West scored two quick goals via penalty corners and while we had shots in the first half none of them found the back of the net. This game, after half-time, got abandoned due to another unfortunate injury- Cameron Jones was holding a low defensive position to make a tackle when the opposing player ran through him causing him to fall backward and his head hitting the court. The game was abandoned as Cameron could not be moved due to a suspected neck injury. Cameron was diagnosed with swelling around C4 and whip lash, therefore not being able to play the rest of the tournament.

Game 4: Lost 6-3 v Newcastle

Goal scorers: Patrick Vastani, Miles Davis, Ronan Shiels

Two players down due to injury and the boys played an really gutsy game. The team tried their utmost to win and adopted a new structure. Credit must go to the team with how hard they played with the scoreline not being reflective of the game, as we got 2-1 up for part of the game and then with two quick penalty corners and a stroke Newcastle got ahead. It was pleasing that the boys' kept digging deep to score the last goal of the game.

Play-offs: Lost 5-3 v Illawarra 1

Goal scorers: Ronan Shiels (2), Sulaiman Mehmood

Unfortunately the boys started the game flat after yesterday and conceded three goals until they fought back to 3-3. With a few decisions not going our way it became a bit of a distraction and Illawarra were able to convert two other opportunities.

Throughout the weekend and during each game all the boys developed their indoor hockey knowledge and skills, whether in the form of technical or tactical skills, especially when two boys were injured. The boys encouraged one another to keep working collectively on the court and shared laughs off the court between games.

I would like to thank all the parents for supporting and ensuring that all the boys attending training and the championship, as well as Sydney East Hockey Association for their commitment to developing junior indoor hockey players and entering teams so that players are able to gain opportunities.

I would also like to thank Graham Jones for his efforts and support as manager and Briony Nilan for her assistance throughout the championship to ensure that boys were well supported. I also wish Rashil and Cameron speedy recoveries and wish all the best in their future hockey endeavours.

I welcome other opportunities to coach Sydney East Indoor Teams.

Regards Alex Lupton SEHA U15 Boys Indoor Coach

SEHA U15 Girls Indoor Team 2016 Report

The SEHA U15 Girls Indoor Team consisted of:-Tegan Neowhouse – Briars Prudie Dallen – Glebe Layla Riley – Glebe Talia Morrow – Glebe Izzy Shannon – Glebe Madeleine Scott – Glebe Sarah Brine – Glebe Asha Machin-Hunt – Glebe

Manager – Deanna Morrow Umpire – Riley Nilan

Game Results

v. Southern Highlands Lost 2-1

v. Orange Lost 3-2

v. Sydney South Lost 5-2

v. Parkes Won 4-0

v. Met South West Won 3-1

Final Placing

7th Division 2

The first game played was the first time that the team had played together. Even though most of the girls come from one club, they had not played indoor hockey together and once they worked out how to discipline themselves in an indoor structure and work together in defence and attack showed the team could be competitive. Day 1 saw the team ahead at half time on the score board so it was a little disappointing that the team could not keep working hard for the full 40 mins to claim some competition points as I feel they were worthy of being placed higher than the final outcome.

Thank you to all the parents for their support and in particular to the Morrow family, Deanna for being my manager and Dean for making himself available on the tech bench.

The last two games saw the team come together and play some good indoor hockey. They started to believe in themselves and showed a lot of potential, like I knew they had, to finish off the championships with 2 wins, with the highlight being a big win against the team who made the grand final and capping off with a great win in their classification cross-over game.

All the players improved throughout the championships and as most of the girls are still eligible to play next year, it certainly sets them a goal to get a better position in 2017.

Aaron Nilan SEHA U15 Girls Indoor Coach

SEHA U13 Boys Indoor Team 2016 Report

Game 1 v Central Coast (score 8 - 0 to Central Coast)

The score for the first game was not ideal due to the fact that some of the game plan was not put into practice on the field. However it did set a foundation for areas that the team could improve on and we continued to do so throughout the tournament. It was also evident that a lot of the players in the team had not had a lot of experience with indoor hockey so it was not a bad start.

Game 2 v Tamworth (score 6-1 to Tamworth)

Coming up against Tamworth was difficult as they are a very skilled team and had very good knowledge of the game. Even though it was an obvious defeat, as a team we improved from the game before hand by fixing basic skills and developing our structure.

Game 3 v Sydney South (score 3-1 to Sydney South)

This game was most likely our best performance of the tournament as we fought hard to not let Sydney South have as many opportunities to score. We worked well as a team and really worked hard at improving our game to match the tough opposition.

Game 4 v Newcastle (score 5-1 to Newcastle)

Game 5 v Metro South West (score 5-2 to Metro South West)

This was our final game and it was good to see that though out the whole tournament there has been a significant improvement in the way all the boys played. Even though it was not the result we were looking for it was a good experience to come up against strong competition so we can take on board what we have learnt this year onto next year and aim to win division 2.

I would just like to thank John for all his help in managing the team, he did an amazing job. I would also like to thank the parents for all their support, they were great! It was a great experience and I really enjoyed coaching a great group of boys. There is a lot of potential for this team to improve significantly over the coming years.

Georgina Mallon SEHA U13 Boys Indoor Coach



2016 Australian / NSW Representative Honours 2016 & 2017 Australian / NSW Representative Squad Honours

2016 Hockeyroos Squad	2016 Open WomenSquad	2016 U15 Boys Team
Kaitlin Nobbs	Alysha Brady	Rashil Jetley
	Kaitlin Nobbs	Miles Davis
2016 Women's National Junior	Jocelyn Bartram	Tim Pritchard
<u>Squad</u>		Ronan Shiels
Jocelyn Bartram	2016 Open Women's Team	Patrick Vastani
Kaitlin Nobbs	Alysha Brady	
	Kaitlin Nobbs	2016 U16 All Schools Boys
2016 Men's National Junior Squad/Sultan of Johor Team	Jocelyn Bartram	<u>Squad</u>
Ryan Proctor	·	Rashil Jetley
ryan i rootor	2016 U21 Men Team	Angus Baird
2016 Women's Nationals	Mitchell Scotcher Ryan Proctor	Miles Davis
Futures Squad		Ronan Shiels
Litiana Field		Patrick Vastani
Mim Pritchard	2016 U21 Womens Composite	Bill Eustace
Julie Bradley	Team	
	Georgina Mallon	2016 U16 All Schools Boys
2016 Open Men's Squad		<u>Team</u>
BJ Bruton	2016 U18 Boys Team	Rashil Jetley
Luke Noblett	Sam Alexander-Prideaux	Miles Davis
Ryan Proctor	William Graf	
Andre Di Filippo		2016 U16 All Schools Girls Team
Oliver Flack	2016 U18 Girls Team	Julia Bradley
	Georgina Mallon	•
2016 Open Men's Team	-	2016 U13 Boys Squad
Luke Noblett	2016 U15 Girls Team	Bailey Scanlon

Tegan Neowhouse (Blues)

2016 U13 Girls Squad 2017 U21 Men Squad 2016/2017 U15 Girls Indoor **Team** Chelsea Da Silva Oliver Flack Tegan Neowhouse (Shadow) Layla Riley 2017 U21 Womens Squad 2016/2017 U15 Boys Indoor 2016 U13 Girls Team Aisling Klimoski **Team** Layla Riley Eliza McPhee Rashil Jetley Kaitlin Nobbs Miles Davis 2016 U17 Australian School Tori Scanlon **Girls Team** 2016/2017 Open Mens Indoor Litiana Field **Team** 2017 AAP Girls Squad Julia Bradley Luke Noblett **Amy Molloy** BJ Bruton Tegan Neowhouse 2016 Masters Womens Teams Julia Bradley Karen Bowden 0'35 2016/2017 U21 Mens Indoor Litiana Field **Team** Georgina Gunner 0'35 Jack Noblett (Shadow) Sarah Dredge 0'40 2017 AAP Boys Squad Monique Lester 0'40 Sam Alexander-Prideaux 2016/2017 U21 Womens Indoor Tracy Bradford 0'50 **Team** William Graf Sharon Brown 0'55 Litiana Field Logan Hunter Kirsty McIntosh 0'55 Amy Van Der Ham Rashil Jetley Miles Davis 2016/2017 U18 Girls Indoor Tim Pritchard **Team** Ronan Shiels Litiana Field

> <u>2016/2017 U13 Girls Indoor</u> <u>2017 U15 Boys Squad</u>

Calam Baird Layla Riley

Nathan McDonald

Sulaiman Mehmood

Riley Nilan

Patrick Vastani

2017 U15 Girls Squad

Jasmine Howe

Layla Riley

Olivia Cain



SEHA Masters Women's No 1 Team 6th Over 35 Div 1 State Championships 4th Div 1 SWHL Competition



<u>SEHA Masters Women's No 3 Team</u> 4th Over 45 Div 2 State Championships 3rd Div 3 SWHL Competition



<u>SEHA Open Men No. 1 Team</u> 4th Div 1 State Championships



SEHA Masters Women's No 2 Team 6th Over 35 Div 2 State Championships 4th Div 2 SWHL Competition



<u>SEHA Masters Women's No 4 Team</u> 4th Over 35 Div 4 State Championships 2nd Div 4 SWHL Competition



<u>SEHA Open Men No. 2 Team</u> Runner's Up Div 3 State Championships



<u>SEHA Open Women Team</u> 6th Div 1 State Championships



SEHA Under 15/1 Girls
8th Div 1 State Championships



<u>SEHA Under 15/2 Girls</u> 5th Div 3 State Championships



SEHA Under 15 Boys
Winner of Div 1 Moorebank Carnival
Runner's Up Div 1 State Championships
Div 1 Play the Whistle Award



<u>SEHA Under 13 Boys</u> 10th Div 1 State Championships



<u>SEHA Under 13 Girls</u>
Runner's Up Div 2 Moorebank Carnival
8th Div 1 State Championships



<u>SEHA Under 18/1 Boys</u> 8th Div 1 State Championships



<u>SEHA Under 18/2 Boys</u> 3rd Div 3 State Championships



<u>SEHA Under 18/1 Girls</u> 7th Div 1 State Championships





<u>SEHA Under 11/1 Boys</u> Runners Up Div A Michael York Cup, Tamworth



<u>SEHA Under 11/2 Boys</u> 6th Div B Michael York Cup, Tamworth



<u>SEHA Under 11 Girls</u> 6th Div A Kim Small Shield, Tamworth

Centre of Development U15 and U13 Boys and Girls

(Predominately made up of players from SEHA and SSHA)











NSW U15 Boys Ronan Shiels Patrick Vastani Miles Davis Rashil Jetley Tim Pritchard



NSW U15 Blues Girls
Tegan Neowhouse (GK)



NSW U18 Boys
Bill Graf
Sam Alexander-Prideaux



NSW U18 Girls Georgina Mallon



NSW U21 Men Ryan Proctor



NSW U21 Women

Kaitlin Nobbs

NSW U13 Girls Layla Riley



<u>Combined NSW/QLD U21 Women</u> Georgina Mallon



<u>Australian All Schools Girls Team</u> Litiana Field Julia Bradley



NSW Open Men Waratahs Team Luke Noblett



NSW Open Women Arrows Team
Alysha Brady
Jocelyn Bartram
Kaitlin Nobbs



SEHA U15 Indoor Boys 6th Division 1



SEHA U15 Indoor Girls 7th Division 2

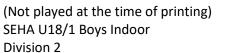


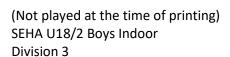
SEHA Open Men Indoor 1st Division 2



SEHA Open Women Indoor 2nd Div 3

(Not played at the time of printing) SEHA U18/1 Boys Indoor







SEHA U18 Girls Indoor 1st Division 2



SEHA U13 Boys Indoor 10th Division 1

Indoor Masters are not played until Feb 2017